



± [1]

22 gen. 2026 - 18:30h

Xerrada sobre l'activitat física per les persones grans

M'he fet gran i ara què?

Categoria: Xerrada

- La Mutua

Impartida pel Sr. Francesc Escarmís Costa

Fisioterapeuta-osteòpata

Entrada lliure

Calendari

desembre [4]
2025 [2]

dl.	dt.	dc.	dj.	dv.	ds.	dg.
<u>1</u>	<u>2</u>	<u>3</u> [7]	<u>4</u>	<u>5</u> [9]	<u>6</u>	<u>7</u>
[5]	[6]		[8]		[10]	[11]
<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>
[12]	[13]	[14]	[15]	[16]	[17]	[18]

dl. dt. dc. dj. dv. ds. dg.

15 16 17 18 19 20 21
[19] [20] [21] [22] [23] [24] [25]
22 23 24 25 26 27 28
[26] [27] [28] [29] [30] [31] [32]
29 30 31
[33] [34] [35]

Cercador d'actes

Per paraula

Per categoria

Cerca

comunicacio@ajuntament.granollers.cat

URL d'origen:<https://www.granollers.cat/agenda/ajuntament/xerrada-sobre-lactivitat-f%C3%ADsica-les-persones-grans?mini=2025-12>

Enllaços

[1] https://www.granollers.cat/sites/default/files/agenda/2026-01-22_f.escarmis_activitat_fisica_per_les_persones_grans_page-0001.jpg
[2] <https://www.granollers.cat/agenda/data/2025-12>
[3] <https://www.granollers.cat/printpdf/agenda/ajuntament/xerrada-sobre-lactivitat-f%C3%ADsica-les-persones-grans?mini=2025-11> [4] <https://www.granollers.cat/printpdf/agenda/ajuntament/xerrada-sobre-lactivitat-f%C3%ADsica-les-persones-grans?mini=2026-01> [5] <https://www.granollers.cat/agenda/data/2025-12-01> [6] <https://www.granollers.cat/agenda/data/2025-12-02>
[7] <https://www.granollers.cat/agenda/data/2025-12-03> [8] <https://www.granollers.cat/agenda/data/2025-12-04> [9] <https://www.granollers.cat/agenda/data/2025-12-05> [10] <https://www.granollers.cat/agenda/data/2025-12-06> [11] <https://www.granollers.cat/agenda/data/2025-12-07> [12] <https://www.granollers.cat/agenda/data/2025-12-08> [13] <https://www.granollers.cat/agenda/data/2025-12-09> [14] <https://www.granollers.cat/agenda/data/2025-12-10> [15] <https://www.granollers.cat/agenda/data/2025-12-11> [16] <https://www.granollers.cat/agenda/data/2025-12-12> [17] <https://www.granollers.cat/agenda/data/2025-12-13> [18] <https://www.granollers.cat/agenda/data/2025-12-14> [19] <https://www.granollers.cat/agenda/data/2025-12-15> [20] <https://www.granollers.cat/agenda/data/2025-12-16> [21] <https://www.granollers.cat/agenda/data/2025-12-17> [22] <https://www.granollers.cat/agenda/data/2025-12-18> [23] <https://www.granollers.cat/agenda/data/2025-12-19> [24] <https://www.granollers.cat/agenda/data/2025-12-20> [25] <https://www.granollers.cat/agenda/data/2025-12-21> [26] <https://www.granollers.cat/agenda/data/2025-12-22> [27] <https://www.granollers.cat/agenda/data/2025-12-23> [28] <https://www.granollers.cat/agenda/data/2025-12-24> [29] <https://www.granollers.cat/agenda/data/2025-12-25> [30] <https://www.granollers.cat/agenda/data/2025-12-26> [31] <https://www.granollers.cat/agenda/data/2025-12-27> [32] <https://www.granollers.cat/agenda/data/2025-12-28> [33] <https://www.granollers.cat/agenda/data/2025-12-29> [34] <https://www.granollers.cat/agenda/data/2025-12-30> [35] <https://www.granollers.cat/agenda/data/2025-12-31>