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10 abr. 2015 - 18:00h

Xerrada. "Programa de reducció de l'estrés amb Mindfulness"

A càrrec de Javi Lucas

Categoria: Xerrada

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Espai Tranquil de Barbany [2]

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Calendari

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<u>13</u> [18]	<u>14</u> [19]	<u>15</u> [20]	<u>16</u> [21]	<u>17</u> [22]	<u>18</u> [23]	<u>19</u> [24]

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Cercador d'actes

Per paraula

Per categoria

Cerca

comunicacio@ajuntament.granollers.cat

URL d'origen:<https://www.granollers.cat/agenda/ajuntament/xerrada-programa-de-reducci%C3%B3-de-lestr%C3%A9s-amb-mindfulness?mini=2024-05>

Enllaços

- [1] <https://www.granollers.cat/sites/default/files/agenda/mindfulness.jpg>
- [2] <https://www.granollers.cat/adreces/culturals/espai-tranquil-de-barbany>
- [3] <https://www.granollers.cat/agenda/data/2024-05>
- [4] <https://www.granollers.cat/printpdf/agenda/ajuntament/xerrada-programa-de-reducci%C3%B3-de-lestr%C3%A9s-amb-mindfulness?mini=2024-04>
- [5] <https://www.granollers.cat/printpdf/agenda/ajuntament/xerrada-programa-de-reducci%C3%B3-de-lestr%C3%A9s-amb-mindfulness?mini=2024-06>
- [6] <https://www.granollers.cat/agenda/data/2024-05-01>
- [7] <https://www.granollers.cat/agenda/data/2024-05-02>
- [8] <https://www.granollers.cat/agenda/data/2024-05-03>
- [9] <https://www.granollers.cat/agenda/data/2024-05-04>
- [10] <https://www.granollers.cat/agenda/data/2024-05-05>
- [11] <https://www.granollers.cat/agenda/data/2024-05-06>
- [12] <https://www.granollers.cat/agenda/data/2024-05-07>
- [13] <https://www.granollers.cat/agenda/data/2024-05-08>
- [14] <https://www.granollers.cat/agenda/data/2024-05-09>
- [15] <https://www.granollers.cat/agenda/data/2024-05-10>
- [16] <https://www.granollers.cat/agenda/data/2024-05-11>
- [17] <https://www.granollers.cat/agenda/data/2024-05-12>
- [18] <https://www.granollers.cat/agenda/data/2024-05-13>
- [19] <https://www.granollers.cat/agenda/data/2024-05-14>
- [20] <https://www.granollers.cat/agenda/data/2024-05-15>
- [21] <https://www.granollers.cat/agenda/data/2024-05-16>
- [22] <https://www.granollers.cat/agenda/data/2024-05-17>
- [23] <https://www.granollers.cat/agenda/data/2024-05-18>
- [24] <https://www.granollers.cat/agenda/data/2024-05-19>
- [25] <https://www.granollers.cat/agenda/data/2024-05-20>
- [26] <https://www.granollers.cat/agenda/data/2024-05-21>
- [27] <https://www.granollers.cat/agenda/data/2024-05-22>
- [28] <https://www.granollers.cat/agenda/data/2024-05-23>
- [29] <https://www.granollers.cat/agenda/data/2024-05-24>
- [30] <https://www.granollers.cat/agenda/data/2024-05-25>
- [31] <https://www.granollers.cat/agenda/data/2024-05-26>
- [32] <https://www.granollers.cat/agenda/data/2024-05-27>
- [33] <https://www.granollers.cat/agenda/data/2024-05-28>
- [34] <https://www.granollers.cat/agenda/data/2024-05-29>
- [35] <https://www.granollers.cat/agenda/data/2024-05-30>
- [36] <https://www.granollers.cat/agenda/data/2024-05-31>