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Assemblea anual de l'Aula d'Extensió Universitària per a la Gent Gran del Vallès Oriental - AGEVO

La importància de la intel·ligència emocional per a la nostra salut mental

Categoria: Xerrada

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Josep Gendra: Coach, Psicòleg i Formador.

Ingrid Ballesta: Neurocoach, Practitioner PNL i Mindfulness.

Com anar-hi?

Calendari

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[4]« [5]

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				1 [6]	2 [7]	3 [8]
4 [9]	5 [10]	6 [11]	7 [12]	8 [13]	9 [14]	10 [15]
11 [16]	12 [17]	13 [18]	14 [19]	15 [20]	16 [21]	17 [22]
18 [23]	19 [24]	20 [25]	21 [26]	22 [27]	23 [28]	24 [29]
25 [30]	26	27	28 [31]	29 [32]	30 [33]	31 [34]

Cercador d'actes

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Enllaços
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[6] https://www.granollers.cat/agenda/data/2024-03-01 [7] https://www.granollers.cat/agenda/data/2024-03-02 [8] https://www.granollers.cat/agenda/data/2024-03-03 [9] https://www.granollers.cat/agenda/data/2024-03-04 [10] https://www.granollers.cat/agenda/data/2024-03-05 [11] https://www.granollers.cat/agenda/data/2024-03-06 [12] https://www.granollers.cat/agenda/data/2024-03-07 [13] https://www.granollers.cat/agenda/data/2024-03-08 [14] https://www.granollers.cat/agenda/data/2024-03-09 [15] https://www.granollers.cat/agenda/data/2024-03-10 [16] https://www.granollers.cat/agenda/data/2024-03-11 [17] https://www.granollers.cat/agenda/data/2024-03-12 [18] https://www.granollers.cat/agenda/data/2024-03-13 [19] https://www.granollers.cat/agenda/data/2024-03-14 [20] https://www.granollers.cat/agenda/data/2024-03-15 [21] https://www.granollers.cat/agenda/data/2024-03-16 [22] https://www.granollers.cat/agenda/data/2024-03-17 [23] https://www.granollers.cat/agenda/data/2024-03-18 [24] https://www.granollers.cat/agenda/data/2024-03-19 [25] https://www.granollers.cat/agenda/data/2024-03-20

[26] https://www.granollers.cat/agenda/data/2024-03-21 [27] https://www.granollers.cat/agenda/data/2024-03-22 [28] https://www.granollers.cat/agenda/data/2024-03-23
[29] https://www.granollers.cat/agenda/data/2024-03-24 [30] https://www.granollers.cat/agenda/data/2024-03-25 [31] https://www.granollers.cat/agenda/data/2024-03-28
[32] https://www.granollers.cat/agenda/data/2024-03-29 [33] https://www.granollers.cat/agenda/data/2024-03-30 [34] https://www.granollers.cat/agenda/data/2024-03-31